

College Newsletter

Term 1 Week 8 Thursday 28 March 2013



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Today's boys...tomorrow's gentlemen



Front page: Matthew Burd, Michael Zoiti (Swimming Captain), Rafael Cipriano and Hayden Redmond from the CBC Swim Team with the ACC Swimming Shields at the Carnival



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From the Principal

Easter Wishes

A popular Australian holiday website declares to readers that “Easter is a time to have fun together, do family activities and travel away on holidays.” It proceeds from there to offer advice about the importance of ensuring that newspapers are cancelled and provides some useful money-saving tips which will allow you to “enjoy that relaxing adventure without checking into the poorhouse later.” Of course, not everyone will be in a position to take a holiday at this time and so the website lists nine activities that could be undertaken over Easter ranging from cooking hot cross buns to building a greenhouse!

Not too surprisingly, none of the suggestions make any reference to a religious observance of this weekend. What struck me as I read this article was how distorted the real meaning of Easter had become for so many in our increasingly secular society. While taking the opportunity to spend the Easter break with family is an entirely commendable aspiration for anyone, it would also seem important that this weekend and its surrounding days are associated with more than chocolate and Double Demerit points.

This is a time when we recall the sacrifice of Jesus and the promise of new and

“This is a love that changed the world and has the power to do so again if we are willing and strong enough to commit to it.”

everlasting life that results from his resurrection. The feelings of hope and joy which accompany this event are essential to many facets of our contemporary lives. It is a time when we remember the words that Jesus shared with his apostles at the Last Supper when he said, “this is my commandment, that you love one another as I have loved you.” This is a love that once changed the world and has the power to do so again if we are willing and strong enough to commit to it.

While wishing all of our families a restful break, I also hope that you will avail



Above left: Jack Swainson collects his ACC Sport shirt from Mr Shaun Kenny at assembly on Tuesday prior to the ACC Swimming Carnival
Above: Jack Smith ready for backstroke at the Carnival

yourselves of the Easter liturgies in your parish and thereby enjoy all that this season has to offer. The invitation to enjoy a 'new birth' and to change for the better is one which all people of goodwill are keen to accept.

ACC Swimming Carnival

Congratulations to our swimmers and their coaches on their outstanding achievements at the ACC 'A' Division Swimming Carnival yesterday. Aply led by their coaches, Mr John Rear, Mr Brendan McGrath and Mr Stephen Hunter and Captain of Swimming, Michael Zoiti, the team won the Junior Boys, Senior Boys and Overall Boys' Shields. This is the seventh year in succession that our swimming team has won the Aggregate Boys' trophy and this unprecedented achievement is a credit to their thorough preparation and outstanding commitment. Their success will be further recognised at a subsequent College Assembly.



More specific details including individual achievements are included later in this newsletter.

Share the Journey

I look forward to joining many of our boys and their dads at Point Walter on Sunday, 7 April at 10.00am for the Share the Journey programme. This innovative programme is conducted by a group of dads from the College and provides a tremendous opportunity to enhance the relationship between fathers and their sons. If any boy's father is not available for any reason, another significant adult male (family or friend) is very welcome to attend in his place.

An important part of this programme is a preparatory session which will be held in the Arts Learning Area at the College on Thursday 4 April at 7.30pm. This session is for dads or male mentors only. Further details are available in this newsletter and we eagerly anticipate another successful College event.

Mr Shaun Kenny
Principal

College Information

Interviews for Year 7

Interviews for Year 7 entry in 2015 are planned to commence in Term 2 of this year. If you have a son who is currently in Year 5 and you would like him to attend CBC Fremantle, please ensure his application is received by the College as soon as possible. Application for Admission Forms can be downloaded from the College website www.cbcfremantle.wa.edu.au/enrolments/application or by contacting Noeleen McDowell on 9430 2051.

Uniform Shop Opening Hours

Open every Wednesday from 8.30am – 4.00pm. No appointments necessary.

Shop Manager Falda Forzatti on 9430 2055 or 0409 904 950.

Canteen

Can you spare a few hours on one day? Please consider volunteering in the 'world's greatest canteen'. Please ring Jenny or Karen in the Canteen on 9430 2046 for more information.

Newsroom Online

You can keep up to date with our busy College's activities by subscribing to the RSS feed at the [Newsroom](#) on the website. If you subscribe to the feed, when the Newsroom is updated you will automatically be notified with a link to the new content.

Head Lice

There have been some reported cases of head lice in the College. Please check your son's hair for signs of nits or lice and take action if necessary. Information about head lice and effective measures to eliminate them can be found [here](#).

Calendar

Week 9 Term 1

Monday 1 April

Easter Monday

Tuesday 2 April

Easter Tuesday

Wednesday 3 April

Theatre Sports workshop

Literature Writers excursion to

The West & Channel 10

Thursday 4 April

Mass 8.15am (Patrick 5, 6, 7)

Parent meeting - 'Share the Journey'

at 7.30pm Arts Learning Area

Friday 5 April

1st XI Cricket S/F

1st XI Cricket final

Senior Ball



CBC's ACC Swimming Trifecta

CBC Fremantle won the Junior, Senior and Open Boys divisions at the Associated and Catholic Colleges (ACC) Swimming Carnival at Challenge Stadium on Wednesday.

E = R

The equation seemed pretty simple after the Carnival; effort equals reward.

After seven years in a row of winning the boys' aggregate total at the ACC 'A' Division carnival, it has never been more evident that the training our boys do makes the difference. Our training starts before any other schools in Term 4, continues during the Christmas holidays, and includes a time trial, a Quad meet and 12 Term 1 training sessions in preparation for the big day.

The morning started with a Blessing from Father Tony Maher, where he asked for God's help to bring out the best in our swimmers individually and collectively. The boys were challenged to swim for a personal best and to support each other in the quest for excellence.

The depth of our team again proved to be the difference. Of the six Division II relays we won one, had two seconds and two thirds. The Division I relays were just outstanding. Out of the six relays we won four, breaking three ACC records, came

second in one and third in the other. This is an amazing result and is testimony to the pride and determination our boys have in competing for CBC Fremantle.

Mr Brendan McGrath
Head of Sport

For the full story, results and more photos, visit the Newsroom at

www.cbcfremantle.wa.edu.au

Sport Fixtures

Term 1 Week 8

Team	Match/Training Details	Day / Time	Venue
Cross Country	Training for ACC Carnival on Thursday 30 May	Tues & Thurs 6.45am - 8.00am	TBC
Football	1st XVIII training	Thursday 7.00am	Fremantle Park
Rowing	WAIS testing	Thursday 3.20pm	CBC Gym
Rugby	Year 8/9 1st XV game v Corpus Christi	Wednesday 7.00am Wednesday 4pm kick off	CBC Fremantle Park
Sailing	Training for All Schools Sailing Regatta during holidays	Wednesday 3.20 – 5.00pm	East Fremantle Yacht Club
Weights Room	Fitness training	Wed to Fri 3.20 - 4.20pm	CBC Gym



Rowing Talent Identification

The College has been asked to participate in a Talent Identification Rowing testing session. The testing day will be Thursday 4 April 2013 at 3.30pm in the Gym.

Due to the need for long rowing strokes in the sport, we would look to test the tallest Year 9 to Year 12 boys. However, this does not mean that other boys can't try out and it would be great to have as many boys attend as possible.

The development squad is interested in testing not only those who display athletic ability in other sports, but also those who may think themselves 'unsporty'. They have many rowers who

tested extremely well and are making excellent progress in spite of doing little or no physical exercise previously.

There will be a meeting for all boys who are interested on Wednesday at lunch during Week 9 where they will receive an information letter and permission slip to complete.

Please contact me on 9430 2010 or email at brendanmc@cbcfremantle.wa.edu.au if you have any questions.

Mr Brendan McGrath
Head of Sport



Year 7 Music Incursion

Last Monday, our Year 7 students had the chance to attend a music incursion with Mr Sam Derchie who is from Ghana in West Africa.

Sam introduced the students to the simplicity of Ghanaian stories and gave them an insight into the language, music, instruments and important influences from his life. He recalled anecdotes of family life and explored the traditional roles of the storyteller and master drummer of a small rural African village.

Mr Shane Mancuso
Head of Arts



Share the Journey

Walk 'n' Talk

Spend some quality time with your son – take a walk with him and Share the Journey.

CBC Fremantle Parent Council invites dads and their sons to come to **Point Walter on Sunday 7 April 2013 at 10am** to share a unique adventure that will last approximately three hours.

A pre-event meeting will be held on **Thursday 4 April at 7.30pm** in the **College's Arts Learning Centre** to brief fathers about the walk. Light refreshments will be provided.

Please advise of your attendance to the pre-event meeting and to the walk by emailing parentcouncil@cbcfremantle.wa.edu.au.

“...share a unique adventure with your son...”



Community Notices

It is the policy of CBC Fremantle to distribute information when requested regarding community activities and details about educational programmes. This does not imply that CBC endorses these activities or the information. Please provide information in an unformatted Word document to enquiries@CBCFremantle.wa.edu.au. Submissions will be accepted at the discretion of CBC Fremantle.

Fremantle Heritage Festival

The Fremantle Heritage Festival (24 May to 3 June) is an annual celebration of one the city's best assets – its historic character. If you're interested in being involved in the Heritage Festival you can create an event or submit a nomination for the awards programme. For more information and to register an event/performance or exhibition please visit the Fremantle Heritage Festival [website](#).

St Patrick's Primary School Reunion

St Patrick's Primary School Community would like to invite families who have had association with Maristella Kindergarten and Pre Primary School to join in the celebration of their **50th anniversary**.

Mass will be celebrated at St Patrick's Basilica on **Saturday 13 April at 10.00am** followed by morning tea in the Parish Hall.

Please RSVP to St Patrick's Primary School 9335 5215 by 1 April 2013.

Stargazers Club WA

Discover WA's new online stargazing club!

Receive easy to understand information on what stars to see and when

Fun stargazing from home

No telescopes or astronomy knowledge needed

Great for kids and beginner stargazers

Free children's activity every month

Makes a great birthday present

Join or buy gift memberships online: www.stargazersclubwa.com.au, www.facebook.com/StargazersClub

Operated by Carol Redford (aka Galaxy Girl!), former owner of Gingin Observatory.

MercyCare Fostering Services

MercyCare is a Catholic agency involved in a number of social justice programmes and is committed to assisting those in need in the community.

Our Fostering Services programme is launching a recruitment campaign for foster carers with the aim to increase the number of children we are able to assist who are in need of care and protection.

To learn more about foster care, call MercyCare Fostering Services on 9442 3439. You can change a life.

PFFWA Annual Conference & Awards Dinner

Saturday 13 April 2013 at WACA, Lillie-Marsh Stand, Boundary Room, East Perth

Programme of events:

9.00am	Mass at Trinity College	1.00pm	AGM
9.45am	Registration and morning tea	2.00pm	Mara Basanovic – CEO Volunteering WA
10.30am	Acknowledgement of Country Welcome by Joe Monterosso, President PFFWA	2.45pm	Afternoon Tea
10.40am	Dr Tim McDonald – Director of Catholic Education	3.00pm	Q&A Forum – Chaired by Ms Trish Somers
11.40am	Keynote Speaker – Nina Funnell	4.00pm	Conference Close
12.15pm	Lunch	5.30pm	Pre-dinner drinks – WACA, Willow Room
		6.00pm	PFFWA Annual Dinner and Awards for Building Positive School Communities

For more information and to register visit www.pff.wa.edu.au.

Careers Expo

Explore all career options at the Perth Careers Expo on Thursday 16 to Sunday 19 May at the Perth Convention Exhibition Centre.

Entry is free. Visit careers-expo.com.au for more information.

ACN Nursing and Health Expo 2013

Sunday 7 April 2013 - Perth Convention and Exhibition Centre

This is a great opportunity for students to explore future career possibilities in the nursing and health care field. Talk to exhibitors from leading universities and TAFEs, hospitals, public and private health care services and specialty nursing groups and discover where a career in nursing and health care can take you.

For more information visit the [website](#).

Fremantle Topspin Tennis

Term 1 holiday camps:

Week 1 Wednesday 24 April to Friday 26 April

9.00am – 11.00am 3 years - 6 years Super Stars Camp

9.00am - 12.00pm 6 years - 18 years Development/Elite Squad Camp

Week 2 Monday 29 April to Wednesday 1 May

9.00am – 11.00am 3 years – 6 years Super Stars Camp

9.00am - 12.00am 6 years – 18 years Development/Elite Squad Camp

Term 2 coaching commences Saturday 11 May to Friday 5 July. Private coaching is available with one of our qualified coaches.

For further information contact Jo Winfield on 0401 565 051 or email fremantletopspintennis@gmail.com.

Our Lady of Fatima Church Huge Community Garage and Jumble Sale

Saturday 6 April 10am to 1pm

Our Lady of Fatima Church, Foss Street, Palmyra

Quality second-hand goods, books, craft, sausage sizzle, cakes, face painting and more!