



CBC
FREMANTLE

College Newsletter

Term 2 Week 7 Friday 21 June 2013



Today's boys...tomorrow's gentlemen



Front page: Old Boy Tyrone Thwaites (2008) came in to talk with the CBC Radio students and give them advice and tips on broadcasting. For the full story visit the Newsroom at www.cbcfremantle.wa.edu.au.



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From the Principal

The Parent Trap

The Education Editor of our state newspaper has been working overtime this week as issues associated with schooling have been particularly prominent. While it is not unusual to read items by armchair experts about the latest fad or ailment within the education system, it was the article about the different styles of modern parenting that took my attention on Monday.

One particular style was referred to as *helicopter parenting* and was described as being when “parents discourage a child’s independence by being too involved in every aspect of their life. They hover over them and swoop in at any sign of challenge or discomfort.” While this may be a rather extreme expression of this tendency among some

parents, the potentially detrimental effects of such behaviour would be apparent to all. There is a clear danger of stifling children and increasing their fragility at the later times in their lives when they will inevitably have to deal with adversity.

Learning to deal with issues and challenges is a critical component of life in general. Many of the skills necessary to do so are gained by each of us in our formative childhood years. A robust experience of secondary school is often developmental in this regard and prepares young people for the inevitable trials of adulthood. The difficult task for parents is discerning between which experiences are opportunities for growth and which are potentially harmful.

At CBC Fremantle we encourage parents to make contact with the College whenever they feel the need to discuss issues relevant to their son or the policies and practices of the school. Of course, satisfactory outcomes are only ever possible when such issues are addressed in the context of mutual support and understanding. We very much appreciate the trust that is typically shown in our capacity to adequately address any matter of concern.

Our aim at this College is to provide a safe environment within which each student may learn to their potential whilst successfully confronting the inevitable challenges which constitute part of normal human development.

We look to assist parents in the upbringing of well-rounded, resilient young men who are prepared and well-equipped to confront the future challenges of adulthood.

Thank you to all parents who show faith in the College and assist us in this endeavour.

Mr Shaun Kenny
Principal



“We look to assist parents in the upbringing of well-rounded, resilient young men who are prepared and well-equipped to confront the future challenges of adulthood.”

jazz

at the club

Sunday 30 June

from 4pm to 7pm

South Fremantle Football Club
Fremantle Oval
Parry St, Fremantle

Tickets \$10 Adults, \$5 school age children
Family rate \$30 (2 adults + up to 4 children)
Drinks available from bar, BYO nibbles

Tickets available at the door



College Information

Lost Property at Fremantle Train Station

Transperth at Fremantle have informed the College that there is a lot of CBC sports bags at the station's Lost Property. You can contact them on 9331 0416 with any enquiries.

Canteen

Can you spare a few hours on one day? Please consider volunteering in the 'world's greatest canteen'. Please ring Jenny or Karen in the Canteen on 9430 2046 for more information. The Canteen Roster is available to download on the [Parent Notices](#) section on the website.

Uniform Shop Opening Hours

Open every Wednesday from 8.30am – 4.00pm. No appointments are necessary.

News Online

You can keep up to date with our busy College's activities by subscribing to the RSS feed at the [Newsroom](#) on the website. If you subscribe to the feed, when the Newsroom is updated you will automatically be notified with a link to the new content. The College magazine, *Touchstone* is also available online and can be accessed from the Community link at the top of the home page.

Woolworths Earn & Learn is back

This community programme enables schools throughout Australia to earn educational resources through the school community shopping at Woolworths. Staff and parents can collect Woolworths Earn & Learn points from the checkout and are encouraged to bring the stickers to Reception at the College.

Calendar

Week 7 Term 2

Monday 24 June

NAIDOC Week assembly 8.45am
ICT Week
Year 10 S&E Excursion

Tuesday 25 June

Year 8 Rugby Carnival (see page 8)
NAIDOC Week CBC v Clontarf football,
12.30pm, Fremantle Oval

Wednesday 26 June

Year 10 Rugby Carnival (see page 8)
Literature Writers Excursion
Kiwirrkurra meeting
Parent screening of Year 8 Short Films
Room 209 3.00pm - 4.30pm

Thursday 27 June

Mass 8.15am, Rice 5, 6, 7
Year 12 Economics Excursion
ACC Hockey Challenge (see page 8)

Friday 28 June

Kiwirrkurra departs
House Athletics Carnival

Sunday 29 June

Jazz at the Club 4pm to 7pm



Food for The Rite Journey

Preparing a family four course meal from shopping to washing-up has been this year's challenge for The Rite Journey Year 9 students.

The Rite Journey programme invites boys to complete a group challenge, and after much discussion the boys chose to learn how to prepare a four course meal for their families.

So far in The Rite Journey classes, the boys have learned how to prepare two pasta dishes – Carbonara and Bolognese — and how to barbecue a variety of meat.

Further to their preparation for the big challenge, the boys met with CBC Old

Boy, Nunzio Gumina, at Fremantle's infamous Villa Roma, to learn about setting a table, serving food, dining etiquette and kitchen protocol.

Nunzio has several restaurants, and is legendary for launching Fremantle's cappuccino strip with the original Old Papas.

The boys enjoyed a three course meal and made the most of the opportunity to learn the fine art of dining and serving from a master.

To see more photos visit the Newsroom at www.cbcfremantle.wa.edu.au





Weekend at Boyagin Rock

Last Saturday and Sunday a group of Years 8 and 9 CBC boys travelled to Boyagin Rock, just out from Brookton. They spent the time mixing with the local Aboriginal people, who told their story and cooked traditional damper and kangaroo stew.

The night was very cold but the boys thoroughly enjoyed the whole experience. They were challenged when they climbed the rock and erected their tents, but the biggest challenge for some was when packing up. Trying to fit a tent and sleeping bag into the bags they came in seemed impossible, but after a number of attempts the gear was packed.

The next camp will be held on the 17/18 of August for Years 10, 11 and 12 students. There are a limited amount of spaces so please see Mr Baldry to register your interest early next term.

Mr Peter Baldry
Indigenous Studies Coordinator

To see more photos and read a student's account of the weekend, visit the Newsroom at www.cbcremantle.wa.edu.au



Sport Fixtures

Term 2 Week 8

Team	Match/Training Details	Day / Time	Venue
1st Junior Football	v Kennedy Baptist	Monday 4.00pm	Fremantle Park
Senior Football	NAIDOC Week game	Tuesday 12.55pm	Fremantle Park
Year 8 Rugby	Carnival	Wednesday	McGillvray Oval
Year 10 Rugby	Carnival	Thursday	McGillvray Oval
ACC Hockey Challenge Carnival		Thursday	A Team – Perth Hockey Stadium B Team – Mandurah Hockey Stadium
House Athletics Carnival		Friday	State Athletics Stadium

Community Notices

It is the policy of CBC Fremantle to distribute information when requested regarding community activities and details about educational programmes. This does not imply that CBC endorses these activities or the information. Please provide information in an unformatted Word document to enquiries@CBCFremantle.wa.edu.au. Submissions will be accepted at the discretion of CBC Fremantle.

Transperth Shutdowns

12 to 17 July and 31 July to 4 August

To connect the new Fremantle line tunnel to the Transperth rail network, two shutdowns are needed. The **Fremantle line services will be cancelled**, and other train lines will be impacted in some way during these periods.

Two AFL games will be impacted: the West Coast versus Fremantle derby on Sunday 14 July, and West Coast versus Gold Coast on Saturday 3 August.

For more information visit transperth.wa.gov.au.

Fremantle Medicare Local Survey

Fremantle Medical Local is part of a target health network that is funded by both the Commonwealth and state governments to make sure everyone can access the right health care at the right time, in the right place.

Fremantle Medical Local is launching a 'Healthy Voice' survey to give families and individuals their say. The survey can be accessed through the Fremantle Medical Local website at www.fremantlemedicarelocal.com.au.

Comedy Night at Seton Catholic College

There's something funny going on at Seton Catholic College in Samson! The P&F Committee are conducting a Comedy Night to raise funds for the new school bus.

Eight comedians will take to the stage on **Friday 28 June**. Master of Ceremonies for the evening will be veteran Perth comedian Don Smith, and there is a stellar line-up including headline act Xavier Susai (Winner – Raw Comedy 2007), David Tuffley (Grand Finalist – Raw Comedy), John Dore, Graham Goodall-Smith, Ciaran Lyons and some up and coming new talent on the Perth comedy circuit.

There will be raffles and auctions throughout the evening. Tickets are \$20 each and are available from Seton Catholic College reception or phone 9314 1816 to reserve a table. Book early to avoid disappointment – tables are strictly limited.

Edmund Rice Network invites you on a Stolen Generation journey

A nine day journey from 28 September to 6 October.

You will retrace the footsteps of Molly and Daisy Craig and Gracie Fields along the Rabbit Proof Fence from Moore River to Jigalong station, and then experience the wonder of Karijini and Ningaloo.

Travelling by Coaster bus and sleeping under the stars and in rural accommodation, you will gain a unique insight into the Stolen Generation and an intimate glimpse of the beauty of the Australian outback.

Numbers are extremely limited. An information evening will be held on Tuesday 25 June at West Court, Redmond St, Salters Point. For more information contact Peter Baldry on 0408 745 363.

This amazing experience is offered to members of the Edmund Rice Network and is an initiative of CBC Fremantle's Aboriginal Reconciliation programme.

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